

# Group Building + Rules for Team work

## GENERAL AIMS

### +++ Maintain the cohesion of the group

- This element of the training aimed to help the group understand the aims of the intended work. It should also help to establish the volunteer's adherence to the policies and practices of the group.
- The volunteers shall work together on boom Festival. They will certainly face some challenging situation it there for important to establish a close relationship between the individuals of the group

### +++ Make Known and Establish Rules of Conduct for working together in a Team at Boom Festival

- All volunteers should know and agree to follow some basic set of rules for working at the festival to make sure security and well being of guests and team is guaranteed.

## CONTENT:

### Group Building activities:

[game] sketching “get to know” flowers

3-4 people who do not know each other get

together, they sketch a flower a circle in the middle and (according to the number of people in the group) the petals ask the people to write thing they have in common in the middle circle and things that are different in the petals- one or 2 people present the poster to the others

[game] who are you?

Make groups of 2 people who do not know each other, each person interviews another. The person who does the interview puts the name of the interviewed person on a paper and makes some note, what the person says. After 15 minutes of talking and exchanging on work, hobbies, interests and characteristics the group gets back together. Then the 2 people who interviewed each other introduce their interview partner to the others. So they did not introduce them self but someone they just met does that. A nice way to help people that are shy and don't know what to tell about themselves.

[game] “put down the stick”

There were two groups. Each group had to stand opposite of each other. Everybody had to put out two fingers straight. The trainers put a long stick on the fingers. The aim of the game was to put the stick down on the ground. The fingers had to touch the stick the whole time. The moment the trainers let go of the stick it was going up instead of down. It is quite hard to manage to get it down. It only works if everybody worked together and one of the group is e.g. calling “down, down, down”, the whole time.

## Aquire Knowledge

This part of the Training aimed at sensitise the volunteers for the different needs and expectations towards them.

The group was divided in small groups and every group got a question. There are 3 different questions. At first people had to answer the question.

What's important for the volunteers and the teamwork during the field interventions?

What important for the Boom Organisers in context of the volunteers(field interventions)?

What's important for the party people/guests?

The answers were discussed in the whole group. Such it was made more clear what is important to different people. Also it was discussed what expectation might be difficult to full fill and if the group can improve this situation.

## Getting the to know the rules of Working together

The rules for team work that were set before by the trainers and coordinators were presented to the volunteers. Some rules were written on a flipchart. Volunteers could now state with dots if they find it hard or easy to follow these rules.

After wards the "not so easy to follow" rules were discussed again. People thought of ways how to keep this rules better.

Finally, all volunteers agreed to follow the rules presented during their festival work.